

# LIP BLUSH AFTERCARE:



**avoid soaking your lips** (*no swimming etc.*) use Aquaphor to keep lips constantly hydrated.

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**drink everything through a straw!**

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**be careful while eating:** avoid spicy foods, small bites only!

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**no kissing** for the first 7 days.

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**avoid direct sun exposure** for one week after your procedure.

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**apply extra Aquaphor** when you brush your teeth.



**DO NOT** let your lips dry out! after the procedure, Aquaphor will be your best friend.

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**DO NOT** use a washcloth, pick, or scratch the tattoo area.

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**DO NOT** use steam, sauna, or swim for 10 days after your procedure.

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**DO NOT** put makeup on the tattoo area for 7-10 days after your procedure.

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**DO NOT** apply ICE or cold compress.

*contact your physician immediately if there's any sign of possible infection.*

**BOLT BROW**

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# lip blush

*healing process*



## **DAY 1:**

(right after procedure)  
my lips feel a little  
swollen & tight.  
Aquaphor helps!

## **DAY 2:**

my lips look dark/like  
I'm wearing lipstick &  
dry out quickly.  
Aquaphor to the rescue!

## **DAY 3-4:**

my lips are almost  
fully healed & the  
color has faded  
substantially.

## **DAY 5-6:**

the flaking is almost  
gone! I keep applying  
Aquaphor to soothe any  
remaining dryness.

## **DAY 7:**

my lips have completely  
healed but the color is  
much lighter than after  
the procedure.

## **after touch up:**

the color has come back  
nicely. they look so  
natural! I'm excited for  
my touchup!